



## February Newsletter



*Happy Valentine's Day!*

### CONCEPTUAL OPTIONS NEWS

#### February Fun Facts!

1. February's birth stone is the amethyst & its flower is the primrose or the violet;
2. February 2nd is Groundhog Day, which started in 1840;
3. February 3, 1690 the first paper money was issued in America, which was then the colonies;
4. Chinese New Year begins on February 5;
5. February 8, 1998 the 1st female hockey game in Olympic's history took place;
6. The Valentine's Day tradition of giving chocolate as a gift began in the 19th century.

#### Upcoming MANDATORY CO Support Groups

##### In-Person Support Groups

##### Temecula In-Person Support Group

Wednesday 02/13/2019 @ 6:00 pm

Location: Quality Inn Temecula Valley Wine Country

**This is an optional pot luck group.**



##### Poway In-Person Support Group Afternoon

Thursday 02/21/2019 @ 12:30 pm

Location: Conceptual Options' Poway Office

##### Poway In-Person Support Group Evening

Thursday 02/21/2019 @ 5:30 pm

Location: Conceptual Options' Poway Office

**This is an optional pot luck group..**



##### Tele-Support Groups

Group A - Wednesday 02/13/2019 @ 10:00 am

Group B - Wednesday 02/13/2019 @ 12:30 pm

Group C - Monday 02/11/2019 @ 6:00 pm

Make-Up - Friday 02/22/2019 @ 12:00 pm



### UPCOMING CO EVENTS

#### February 01

Surrogate Monthly Social

#### February 13

Temecula Support Group

#### February 13

Group A & Group B Tele-Support Group

#### February 11

Group C Tele-Support Group

#### February 21

Poway Support Group

#### February 22

Make-up Tele-Support Group



**Congratulations to  
our Surrogates who  
gave birth in November & December**



#### December

Amber

Ashley

Kylie

Karla

Tiffany



#### January

Karla

Jaclyn

Spring

Arlene

Claudia

Bounxou



Please follow us on Facebook, Twitter,  
& Instagram for up to date IVF,  
pregnancy, & delivery updates!



## February Newsletter



### SURROGATE SPOTLIGHT

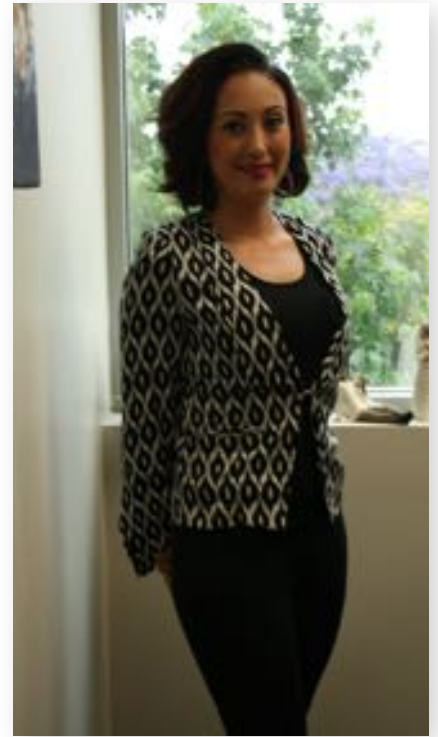
This month we would like to introduce:

*Olivia*

I had seen advertisements for surrogacy for years and it never crossed my mind that I was going to be a surrogate myself one day. As time passed and I had the opportunity to enjoy my own family, I came across Conceptual Options and it was almost as though it was calling my name. I had the urge to have the pregnancy feelings all over again without having the baby responsibilities for myself. I did my research about surrogacy and felt that this was my calling. I am a very open-minded person and I was up for the challenge and commitment that was involved in a surrogacy. Something inside of me knew that I was ready for the life-changing opportunity to give a family the chance of a lifetime to feel the unconditional love that was possible with having your own children.

I went through each step and before I knew it, I was matched with my first intended family. I went on about my business being pregnant and making sure the baby and myself were taken care of. I did not get to meet the family until the day the baby was born and from that moment on my life changed forever. The joy and love sparked in their eyes and their smiles were overwhelmingly grateful that my heart felt fulfilled I knew I would be a surrogate again one day. It is a unique experience and I feel honored to have been part of a family's love from the other side of the world. It is an exceptional feeling knowing that I helped make this possible and I knew one day I would want to do it again. One year later I was ready for my second surrogacy, this one was so much different than the first. I was matched with the most amazing and grateful family that I can honestly say I have made a life long friendship with.

There are so many emotions involved in a surrogate's journey that there are no words that can express the overwhelming joy I have felt to be part of such an important part of a miracle. I am ever so grateful for my experiences with Conceptual Options and with the families that I have had the opportunity to grow with while welcoming their bundle of joy into this world. Most importantly, this experience would not have been possible without my amazing support system at home. My two surrogacies have taught me so much about my limits, boundaries, my physical, spiritual, and emotional capabilities and most importantly how precious every moment is. I have gained a greater appreciation for life, the people around me and the joy that new life brings to a family. Helping other families build their own family has been incredibly fulfilling and rewarding in more ways than I can explain.



**Links:**



@ConceptualOptionsLLC



@surrogacycenter



@surrogacy



Download our Surrogacy Egg Donation Emojis on the Apple App Store or the Google Play store for Android!

[www.ConceptualOptions.com](http://www.ConceptualOptions.com)