



## January Newsletter

### CONCEPTUAL OPTIONS NEWS

#### January Fun Facts!

1. January's birthstone is garnet;
2. January is National Thank You month;
3. January's flower is the carnation;
4. January is also National Soup, Hot Tea, and Oatmeal month (it's a big food month!);
5. January 1, 1985 VH1 first premiered on cable TV;
6. January 1, 1995 the History Channel made its cable TV debut.

#### Upcoming MANDATORY Support Groups

##### In-Person Support Groups

##### Temecula In-Person Support Group

Wednesday 1/10/2018 @ 6:00 pm

Location: Quality Inn Temecula Valley Wine Country

**This is an optional pot luck group.**

##### Poway In-Person Support Group Afternoon

Thursday 1/18/2018 @ 12:30 pm

Location: Conceptual Options' Poway Office

##### Poway In-Person Support Group Evening

Thursday 1/18/2018 @ 5:30 pm

Location: Conceptual Options' Poway Office

**This is an optional pot luck group.**

##### Tele-Support Groups

Group A - Wednesday 1/10/2018 @ 10:00 am

Group B - Wednesday 1/10/2018 @ 12:30 pm

Group C - Tuesday 1/23/2018 @ 5:30 pm

Group D - Tuesday 1/23/2018 @ 6:30 pm

Make-Up - Monday 1/26/2018 @ 12:00 pm



### UPCOMING EVENTS

#### January 02

Surrogate Monthly Social

#### January 10

Temecula In-Person Support Group

#### January 10

Group A & Group B Tele-Support Group

#### January 18

Poway In-Person Support Groups

#### January 23

Group C & Group D Tele-Support Group

#### January 26

Make-up Tele-Support Group



**Congratulations to  
our Surrogates who  
gave birth in November & December**



#### November

Blanca

Renae

Heather

Robin

Valarie

#### December

Keyonia

Briana

Please follow us on Facebook, Twitter, & Instagram for up to date IVF, pregnancy, & delivery updates!



**Conceptual Options**  
Partnering for Parenthood since 1999

## January Newsletter

### 2017 Conceptual Options' Holiday Surrogate Appreciation Party



Last month Conceptual Options hosted its annual Holiday Surrogate Appreciation Party where we invite all of our current and recently delivered Surrogates to join us for a day of showering them with appreciation. Often, Conceptual Options holds a luncheon with a raffle and prizes; but this year we added in a fun activity as well - Cookie Decorating! Each Surrogate that came to the party had the opportunity to decorate sugar cookies for themselves and their families. It was a fantastic time had by all! And as every year there was a wonderful lunch catered (this year) by Olive Garden and, of course, the best part of the day was the raffle for some amazing prizes. This year we also added in a super fun photo booth with lots of costumes and fun props (as you can see in the pictures above).

Additionally, Conceptual Options also held a Virtual Holiday Surrogate Appreciation Party on Facebook Live (you can watch the video on our Facebook Page) for Surrogates (past & present) who were unable to make it to the in-person party. If you didn't make it to this party, don't worry Conceptual Options will always have more!



**Links:**



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@surrogacycenter



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[www.ConceptualOptions.com](http://www.ConceptualOptions.com)