



OCTOBER 2020

# Conceptual Options

Partnering for Parenthood since 1999



SURROGATE NEWSLETTER



## OCTOBER FUN FACTS



1. October's birthstone is the opal;
2. October's flower is the Calendula;
3. A popular Halloween candy, candy corn, was first made in 1898 and is still made with the same ingredients today;
4. Jack-o-Lanterns were originally made out of turnips, beets & potatoes NOT pumpkins;
5. Ireland is believed to be the birthplace of Halloween;
6. Samhainophobia is the fear of Halloween.

### UPCOMING MANDATORY SUPPORT GROUPS

**PLEASE NOTE THAT FOR THE MONTH OF SEPTEMBER ALL SUPPORT GROUPS WILL BE DONE BY VIDEO OR PHONE!**

Please contact your Case Manager if you have any questions. Additionally, you should have received a Support Group E-mail with instructions regarding Zoom Video Call codes & the Tele-Support Phone Number & Code.

#### TELE-SUPPORT GROUPS

- Group A | Wednesday 10/07/2020 @ 10:00 am PST
- Group B | Wednesday 10/07/2020 @ 12:30 pm PST
- Group C | Monday 10/12/2020 @ 6:00 pm PST
- Make-Up | Monday 10/19/2020 @ 12:00 pm PST



#### POWAY VIDEO SUPPORT GROUPS

- Poway Video Support Group - Afternoon**  
Thursday 10/15/2020 @ 12:30 pm
- Poway Video Support Group - Evening**  
Thursday 10/15/2020 @ 5:30 pm



#### VIDEO SUPPORT GROUP

The Video Support Group will take place on **October 21st** at 12:00 pm.  
Please see support group e-mail for more information!

**\*\*See Support Group E-mail for Phone Number & Code\*\***

### UPCOMING CO EVENTS

**October 7**

*Group A & B Tele-Support*

**October 12**

*Group C Tele-Support*

**October 15**

*Poway Video Support Groups*

**October 19**

*Make-Up Tele-Support Group*

**October 21**

*Video Support Group*



## CONGRATULATIONS



### AUGUST BIRTHS

**Alisha**  
**Christina**  
**Kayley**  
**Brooke**  
**Dacia**  
**Amber**  
**Tabitha**  
**Vanessa**



### SEPTEMBER BIRTHS

**Griselda**  
**Priscilla**  
**Dulce**  
**Paige**  
**Emily**



## CONCEPTUAL OPTIONS' OCTOBER SURROGATE SPOTLIGHT IS:

# Kayley



Watching one of my best friends go through a surrogacy journey of her own and how it changed many peoples' lives involved is what originally opened my eyes to the possibility of doing this myself. I had another friend a few months later beginning her second journey and after a few conversations with her; as well as my husband, I felt in my heart compelled to look further into it. I have three children of my own and I knew I didn't want anymore biological children but I didn't feel ready to not ever be pregnant again. For me, the decision then became easy. I always loved being pregnant, I was one of the more fortunate women to have gentle pregnancies and not experience sickness and misery, my girls were all good to me so I wasn't at all worried about being pregnant for a fourth time. What did concern me, was the fact I didn't think I could handle all of the injections and medications, yet, I proved myself wrong and survived them(woohoo!)... all while creating many funny stories to go with the first at-home injections with my husband; who was very involved and supportive in the process!

As you learn in your monthly meetings, not everyone will understand your choices in becoming a surrogate and more importantly they don't have to. I chose to keep it minimal in order to enjoy the pregnancy without constantly defending the choices I had already made or at least feeling like I had too. However, this is one of the top 5 most proudest moments/things I've ever done in my life and I couldn't wait to deliver and share the stories and memories created along the way. Most people worry about handing over the baby at delivery and how difficult it could be due to hormones, mother instinct, etc., but the matter of fact is, it's simply not your baby. It doesn't even have your blood type. Nothing from you to the baby is yours or shared besides your body, so you truly don't feel that connection as if it were a baby of your own genetics/DNA.

For me the most exciting and rewarding moment was watching the IP meet his baby boy for the first time. The father entered the room post delivery and my first words to him were "hi! I made you something.." He proceeded to grab his son and it was such a happy moment for everyone, he said "wow! that's my boy.." it was in that moment I second guessed myself on doing another surrogacy; just seeing the life I changed before my eyes felt so powerful and amazing to be apart of.

Not only has this been a journey for my husband and myself, it has also been a journey for my daughters. It has allowed me to teach them an act of service and an act of kindness by changing someone else's life and bringing the gift of a life into this world. It's a blessing for all involved and I know that one day in their future; they will have the opportunity to maintain an open mind to such a beautiful experience. I once read the saying "pregnant with purpose" and I feel lucky to have had the ability and health to provide the gift of a family for another.

## CO REFERRAL BONUS PROGRAM!!



**Do you know a woman who would be a fantastic Surrogate? Refer her to our program & get a bonus!**

If you refer a **FIRST-TIME** Surrogate to our program you will receive **\$500** when she receives legal clearance!!

If you refer an **EXPERIENCED** Surrogate to our program you will receive **\$1,000** when she receives legal clearance!!

If you have any additional questions about the referral program, please contact one of our Surrogate Intake Team members.

**FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE!**



@ConceptualOptionsLLC



@Surrogacy



@SurrogacyCenter



ConceptualOptions.com