



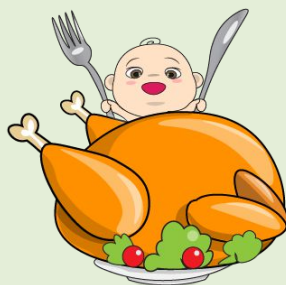
NOVEMBER 2020

Conceptual Options



Partnering for Parenthood since 1999

SURROGATE NEWSLETTER



NOVEMBER FUN FACTS

1. November's birthstones are the Topaz & Citrine;
2. November's flower is the Chrysanthemum;
3. November is the last month of Fall;
4. November is aviation month, peanut butter lover's month, & national stamp collecting month;
5. Since 1941 Thanksgiving has been held on the 4th Thursday of the month of November;
6. In the original Roman calendar, November was the 9th month of the year & its name comes from the Latin word for nine.

UPCOMING MANDATORY SUPPORT GROUPS

PLEASE NOTE THAT FOR THE MONTH OF SEPTEMBER ALL SUPPORT GROUPS WILL BE DONE BY VIDEO OR PHONE!

Please contact your Case Manager if you have any questions. Additionally, you should have received a Support Group E-mail with instructions regarding Zoom Video Call codes & the Tele-Support Phone Number & Code.

TELE-SUPPORT GROUPS

Group A | Wednesday 11/11/2020 @ 10:00 am PST
 Group B | Wednesday 11/11/2020 @ 12:30 pm PST
 Group C | Monday 11/16/2020 @ 6:00 pm PST
 Make-Up | Monday 11/23/2020 @ 12:00 pm PST



POWAY VIDEO SUPPORT GROUPS

Poway Video Support Group - Afternoon
 Thursday 11/19/2020 @ 12:30 pm
Poway Video Support Group - Evening
 Thursday 11/19/2020 @ 5:30 pm



VIDEO SUPPORT GROUP

The Video Support Group will take place on **November 18th** at 12:00 pm. Please see support group e-mail for more information!

UPCOMING CONCEPTUAL OPTIONS EVENTS

November 11

Group A & B Tele-Support

November 16

Group C Tele-Support

November 18

Video Support Group

November 19

Poway Video Support Groups

November 23

Make-Up Tele-Support Group



CONGRATULATIONS



SEPTEMBER BIRTHS

**Sonia
Vanessa
Roslyn**



OCTOBER BIRTHS

**Josefina
Monica**



****See Support Group E-mail for Phone Number & Code****

CONCEPTUAL OPTIONS' NOVEMBER SURROGATE SPOTLIGHT IS:



Monica

Before I had kids, I knew I always wanted to do something to help a family out. Whether it was adoption, fostering or surrogacy. When Damian (my husband) and I decided to have kids, I always mentioned the same thing to him. I knew I wanted to have kids of my own first though. Infertility is real. I thank God that I was able to carry my children without any major complications. I know many women that try and try and cannot carry a child of their own. So after the clear decision that our family of 5 was complete, Damian and I decided to start our Surrogacy journey. It all started in July 2019 when we reached out to Conceptual Options. We both decided to help a couple carry their baby. My body was made to carry babies and the least I can do is help another couple create a family of their own. I also happen to LOVE being pregnant! From the very beginning without even knowing who I was, Renae was so helpful with the application process and getting me started. I learned so much! She made me feel so welcome and comfortable to ask anything. As the process began, I remember starting to feel impatient. I just wanted to pick a family and get started! But I knew the process took a while. When I got matched and legal stuff went through, I was informed about the medications I was going to start taking. Injections!! I hate injections. I couldn't imagine doing them on myself. That's when the roller coaster of emotions kicked in. I started questioning myself and what I signed up for. Luckily my husband was there to calm me down and talk me out of my fear. This is why it is so important to have friends or family by you for that mental support! But if I could help a couple experience parenthood just like we did, then I was all in! Although my husband may not have felt as connected to the process (or baby) as I was, this is a gift from him as well. He was so supportive after so many Doctor appointments, traveling, exams, and medications I needed to take. As far as our kids, it took us a while to share the news with our kids because we didn't know how they would react. Our fear was that they would get attached to baby. We have a 4, 5 and 7 year old and if you ask them, of course they want mommy to have another baby!! I knew our kids were smart enough to understand the situation. We always spoke about birth, mommies and families. So we slowly started to explain more in detail as to why some couples might not have babies/children. I waited for the perfect ultrasound picture to share the news to them! And to my surprise, they were just as excited as I was! I got slightly emotional when we had the conversation because I could feel their love for others as they were excited for them too! Unfortunately, because of the pandemic we're all going thru my kids did not have that time at the hospital for closure. I was a little sad because my initial thought at the beginning was that they would come to the hospital after delivery to physically meet the baby and say their goodbyes. Luckily they understood the situation and were ok with just mommy coming back home! This pregnancy was a little different than my previous three. I experienced morning sickness, except it was 24/7. Something I wasn't at all used to. It lasted until I was about eight months. Then I was able to stop the medication I was prescribed for it. Besides that hiccup, my pregnancy was easy just like my others. When I began to feel the baby move my excitement jumped out the window! Everyone asked me, "Aren't you going to get attached to the baby?" Well, no I actually won't. Knowing from the very start that what I'm doing is for a loving couple makes it easier. Not only that, we were SURE we didn't want any more kids of our own. Also, the thought of doing surrogacy for a couple and knowing their excitement to finally be able to have a family warms my heart. Of course, I will miss the pregnancy feeling and the baby's beautiful face! The moment I pushed out baby was the same emotional feeling I got with my three. I couldn't believe it! My heart was full when I got to hold the baby! I couldn't believe I carried this baby for someone else! My wish to help a couple came true! The experience will change your life in so many ways. It will also change the life of another family and that's pretty remarkable! So with that said, I am happy to announce I delivered a baby boy October 28, 2020! I do want to thank everyone at Conceptual Options for the amazing experience! Especially Renae, Renate and of course my case manager Melanie!! Melanie was so supportive and was there at any given moment I needed her! Week days or weekends I knew I was able to reach out and get a response back. I love her so much!! She made this whole experience amazing.

CO REFERRAL BONUS PROGRAM!!



Do you know a woman who would be a fantastic Surrogate? Refer her to our program & get a bonus!

If you refer a **FIRST-TIME** Surrogate to our program you will receive **\$500** when she receives legal clearance!!

If you refer an **EXPERIENCED** Surrogate to our program you will receive **\$1,000** when she receives legal clearance!!

If you have any additional questions about the referral program, please contact one of our Surrogate Intake Team members.

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