






## August Newsletter

### CONCEPTUAL OPTIONS NEWS

#### August Fun Facts!

1. August gets its name from Augustus Caesar.
2. On August 10, 1984 - Red Dawn was the 1st ever PG-13 movie to be released in theaters. 
3. On August 1, 1981 - MTV network debuted on cable TV and back then they actually played music videos 24 hours a day! 
4. On August 12, 1981 - the IBM personal computer was first released. 
5. On August 23, 1963 - Martin Luther King, Jr. gave his historic "I Have a Dream" speech.
6. August birthstones are the peridot and the onyx.

#### Upcoming MANDATORY Support Groups

##### In-Person Support Groups

##### Temecula In-Person Support Group

Wednesday 08/09/2017 @ 6:00pm

Location: Quality Inn Temecula Valley Wine Country

**This is an optional pot luck group**



##### Poway In-Person Support Group Afternoon

Thursday 08/17/2017 @ 12:30pm

##### Poway In-Person Support Group Evening

Thursday 08/17/2017 @ 5:30pm

**This is an optional pot luck group**



##### Tele-Support Groups

Group A - Wednesday 08/09/2017 @ 10:00 am

Group B - Wednesday 08/09/2017 @ 12:30 pm

Group C - Tuesday 08/15/2017 @ 5:30 pm

Group D - Tuesday 08/15/2017 @ 6:30 pm

Make-Up - Monday 08/21/2017 @ 12:00 pm



### UPCOMING EVENTS

#### August 01

Surrogate Monthly Social

#### August 09

In-Person Temecula Support Group

#### August 09

Group A & Group B Tele-Support Group

#### August 17

In-Person Poway Support Groups

#### August 15

Group C & Group D Tele-Support Group

#### August 21

Make-up Tele-Support Group



#### June & July Births



##### June

Marilyn - Baby Girl

Stephanie - Twins

Victoria - Twins

Geneva - Baby Girl

##### July

Stephanie - Baby Girl

Tiffany - Baby Girl

Elisa - Twins

Aurea - Baby Girl

Andrea - Twins

Please follow us on Facebook, Twitter, & Instagram for up to date IVF, pregnancy, & delivery updates!



## August Newsletter

### SURROGATE SPOTLIGHT

This month we would like to introduce:

*Esmeralda*

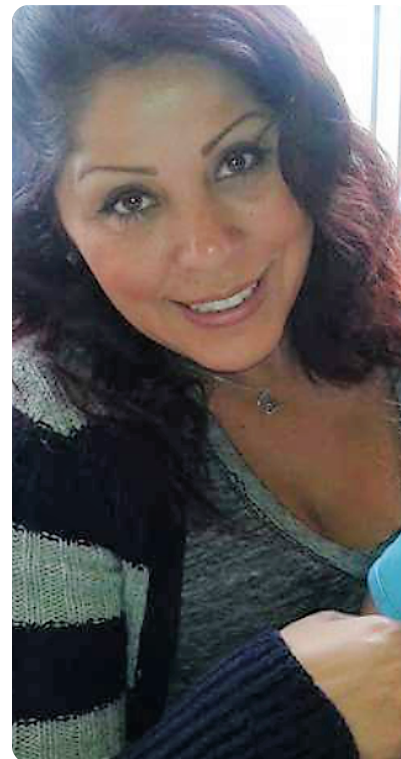
\* Esmeralda is currently 12 weeks pregnant with twins!\*

I began this magical journey in August 2016. I am a mother of three of my own children who are 4, 3, and 1 years old, as well as step mother of two older boys, and a loving wife of 7 years.

I had never considered being a surrogate until I came across a testimonial ad for Conceptual Options on Facebook. Being curious, I read the entire ad with all the testimonials I could find. I then found myself roaming through the entire website. I couldn't get enough...

My husband and I had talked about possibility of having another child, but having our own was no longer an option. It was too late to revisit because my husband and I agreed to a vasectomy after our 3rd child was born. I had a craving inside of me and knew I wanted to carry another child. This is where it all made perfect sense to me. I could carry another child for someone who cannot carry their own. I talked it over with my husband, and before we knew it, we were having our first consultation. Not only would I be assisting in the miracle of life for someone, but I would be contributing to my family as well.

We were a little worried at first because it was a new experience for us, but the staff at Conceptual Options answered all our questions and they were all really friendly and extremely supportive. There was no question they would not answer (and we asked a ton of them)! Conceptual Options has been there with us during the entire process every step of the way, from the office staff, to my Doctors. I couldn't have asked for a more pleasurable experience than what we have experienced this far!



**Links:**



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