



October Newsletter



Love these emojis? Check out Conceptual Options' **FREE** Surrogacy Egg Donation Emojis app on the Apple & Google App Stores!

EXCITING SUPPORT GROUP NEWS FOR OCTOBER!

We are going to implement **video support groups** as an option for those surrogates who live more than 40 miles from Conceptual Options. If you are interested, please join our Video group on **Wednesday, October 16th at 12 PM**. You can use a Mac, PC, tablet, or phone. For the first month, this group is only open to California and Nevada surrogates who live more than 40 miles from Conceptual Options. If you are using a computer, click on the link that you will be sent and a file will be downloaded. Next, click on the downloaded file. If you are using a tablet or a phone, you will be prompted to download the app when you click on the link. You don't have to create a profile. If you already have the app downloaded, you can enter the meeting ID (**see support group e-mail for meeting ID**). Please download the app before the start time so that the group won't be delayed. If you have any questions, feel free to contact Melanie at Melanie@conceptualoptions.com or call her at 858-610-6069. As an incentive for joining this group, we will raffle a gift card to one lucky participant!



UPCOMING MANDATORY SUPPORT GROUPS

In Person Support Groups

Poway In-Person Support Group - Afternoon

Thursday 10/17/2019 @ 12:30 pm

Location: Conceptual Options' Poway Office

Poway In-Person Support Group - Evening

Thursday 10/17/2019 @ 5:30 pm

Location: Conceptual Options' Poway Office

This is an optional pot-luck group!



Tele-Support Groups

Group A | Wednesday 10/09/2019 @ 10:00 am PST

Group B | Wednesday 10/09/2019 @ 12:30 pm PST

Group C | Wednesday 10/09/2019 @ 7:00 pm PST ***Time Change***

Make-Up | Monday 10/21/2019 @ 12:00 pm PST

****See Support Group E-mail for Phone Number & Code****

UPCOMING CO EVENTS

October 01

Surrogate Monthly Social

October 09

Group A & B Tele-Support

October 17

Poway In-Person Support Group

October 09

Group C Tele-Support

October 16

Video Support Group

October 21

Make-Up Tele-Support



CONGRATULATIONS



AUGUST BIRTHS

Sharache

Jinnifer

Christina

Janeen

Anahi

SEPTEMBER BIRTHS

Rosa

Andrea

Stevisha

CONCEPTUAL OPTIONS' SEPTEMBER SURROGATE SPOTLIGHT IS

Rosa



This is my last surrogacy journey. I have had the pleasure of being a surrogate for the third time. This journey was definitely different from my last two surrogacies. I've had 2 embryos transferred 4 times and either none or 1 would stick. This last time they both stuck and I finally carried twins! it was very exciting and nerve racking at the same time as you never know what obstacles could arise along the way. Luckily, I had a great pregnancy, all my tests came out normal and I felt great overall. We had a delivery date set in place, but I started having contractions and went to the hospital. I was nervous going to the hospital as I knew it was too early and even though I wasn't ready....the babies were and I delivered baby boys at 33.4 weeks. They came out weighing 5.2 and 5.3 pounds and breathing on their own the very next day. I felt a great sense of accomplishment all the extra vitamins, rest and patience had paid off! My IP's flew in right away and they were beyond excited and appreciative. This is always the best part of the journey seeing their faces full of excitement and love.

I'd like to thank both Melanie and Jessica for coming to all my appointments! It was great to have VIP service as I never thought it would be as fun and stress free as it was. Thank you for all the support and guidance. I also want to thank all the Conceptual Options Teams without everyone working together as a family none of this is possible! Cheers to All of you!

CO REFERRAL
BONUS PROGRAM!!



Do you know a woman
who would be a
fantastic Surrogate?
Refer her to our
program & get a bonus!

If you refer a **FIRST-
TIME** Surrogate to our
program you will
receive **\$500** when she
receives legal
clearance!!

If you refer an
EXPERIENCED
Surrogate to our
program you will
receive **\$1,000** when
she receives legal
clearance!!

If you have any additional
questions about the referral
program, please contact one of
our Surrogate Intake Team
Members:

Raina -
Raina@ConceptualOptions.com

Renae -
Donorintake@ConceptualOptions.com

FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE & LEARN ABOUT NEW CONTESTS!



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