



June Newsletter



CONCEPTUAL OPTIONS NEWS



2018 CO Surrogate Summer Appreciation Party!



This year's party will be held on June 9, 2018, at Marina Village Conference Center! This will count as your monthly support group meeting for the month of June. We will be having lunch, giving away prizes, and playing some fun games! Please check your evite for more details! We can't wait to see you all there!

What is the Surrogate Monthly Social?

In case you didn't know, every month (usually on the 1st of the month - unless the 1st is a weekend or holiday, then it will be the first day after the holiday or the Monday after the weekend) we have snacks and drinks at our Poway office for any Surrogate who would like to come and pick up her monthly check in person. You can meet our staff and other Surrogates! It's a lot of fun and we would love to see you!

June Fun Facts!

1. June is the first official month of summer;
2. June's birthstone is the moonstone or pearl and its flower is the rose or honeysuckle;
3. June 17th is Father's Day;
4. June is national iced tea month and national candy month.

Upcoming MANDATORY CO Support Groups

PLEASE NOTE!!!:

There are no in person support groups this month as the Surrogate Summer Appreciation Party counts as your support group. If you do not attend the party, make sure you attend one of the telephone support groups for it to be counted as your support group for the month.

Tele-Support Groups

- Group A - Wednesday 6/13/2018 @ 10:30 am
- Group B - Wednesday 6/13/2018 @ 12:30 pm
- Group C - Tuesday 6/19/2018 @ 5:30 pm
- Group D - Tuesday 6/19/2018 @ 6:30 pm
- Make-Up - Friday 6/22/2018 @ 12:00 pm



UPCOMING CO EVENTS

June 01

Surrogate Monthly Social

June 09

Surrogate Summer Appreciation Party

June 13

Group A & Group B Tele-Support Group

June 19

Group C & Group D Tele-Support Group

June 22

Make-up Tele-Support Group



**Congratulations to
our Surrogates who
gave birth in April & May**



April

Kristina
Stephanie
Alyssa
Kayla

May

Tiffany
Natasha
Cynthia
Lisa

Please follow us on Facebook, Twitter,
& Instagram for up to date IVF,
pregnancy, & delivery updates!



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SURROGATE SPOTLIGHT

This month we would like to introduce:

Kristina

The first time I had considered surrogacy was shortly after the birth of my daughter over 6 years ago. A dear friend of mine had been trying to get pregnant for almost a decade to no avail and had even tried IVF. It made me sad that such a loving couple who would make amazing parents, weren't able to do so. At that time, I offered to be a surrogate for her and her husband. They had been on a waiting list with an adoption agency for 2 years and coincidentally, shortly after we began researching surrogacy, they were chosen to be adoptive parents. They were overjoyed and no longer needed a surrogate. The idea had never left my heart. I have two kids of my own and I absolutely LOVE being a mom. I couldn't imagine what it would be like to want a child so badly and not be able to have one. So many people in the world that have kids that probably shouldn't, meanwhile so many people that would be amazing parents and aren't able to. As my 39th birthday approached I knew I was running out of time and if I really wanted to be a surrogate it would have to happen relatively soon. I researched different agencies and found Conceptual Options. The reviews were so positive from both IPs and surrogates so I decided to take the first step.

The entire process at Conceptual Options was great. Every staff member I came in contact with was amazing, kind, and helpful. In the beginning I was nervous that I may not be chosen by a family, but happily, I was! I had hoped for a family that wanted an open relationship and would be willing to stay in touch with me after, at least send me a photo once a year. I received two embryos, a boy and a girl and both took. I was a bit scared, every pregnancy is scary, and every mom worries about the health of the baby, but twins doubles the concerns. My IPs were great and I was so thankful to be matched with such a sweet family. The feeling of bringing life into the world, allowing some one the blessing of parenthood, was amazing! The months flew by and before I knew it I was 37 weeks and getting ready to be induced. Both my IVF doctor, and my OB doctor were amazing!

On April 26 I gave birth to two beautiful healthy babies, a boy and a girl. Now that the moment was upon me, I wondered how I would feel. Would I be sad? What an overwhelming feeling of joy I felt. I still think about the smile on their daddy's face when he saw them and held them for the first time, and I can't help but smile. I have to admit, when I left the hospital, there was a twinge of sadness in me. Not a feeling of leaving the babies or anything, but more the sadness we feel when a chapter in our life comes to an end. A bittersweet feeling. Fortunately, I have a great relationship with my IPs and we have become like a family. I feel grateful and blessed to have been able to have made this dream a reality and I can't say enough good things about Conceptual Options and the whole staff. I will miss my surrogate sisters and our monthly meetings, I always looked forward to seeing them and their progress and hearing their stories. Melanie who was my case manager, was literally there every step of the way... she is amazing and I will miss her. Thank you, Conceptual Options, for doing what you do and making this whole journey possible!!



Links:



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www.ConceptualOptions.com